

# INSTRUCTIONS FOR FILL & SIGN

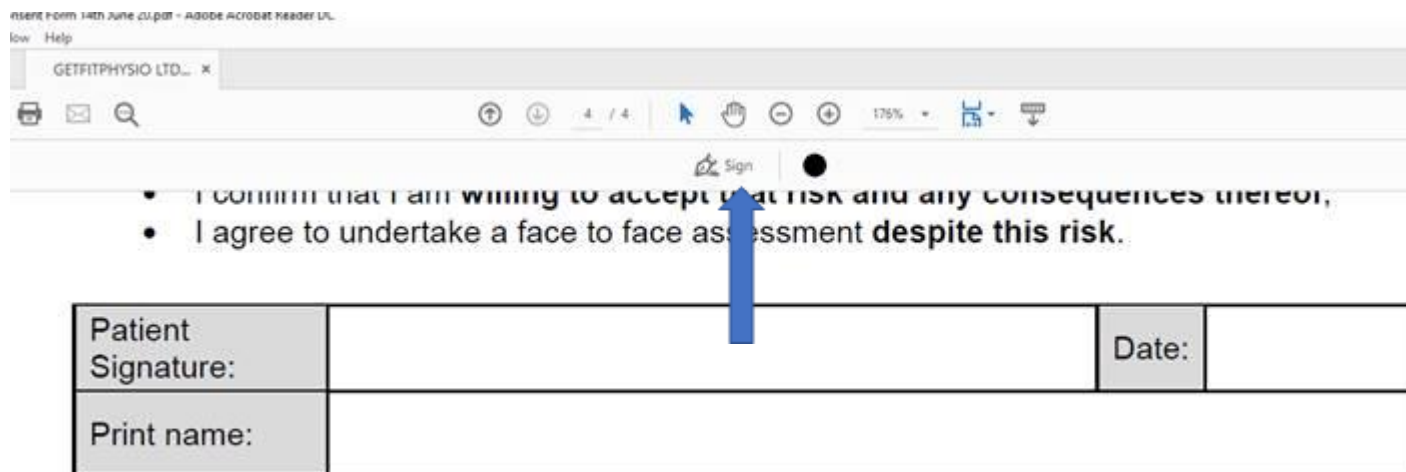
Please complete and sign the attached PDF form using your preferred fill and sign program, save it and return it via email to [admin@getfitphysio.co.uk](mailto:admin@getfitphysio.co.uk) .

Guidance:

Open the Form with your preferred application. Simply [Tab] your way through the form answering all the questions asked, then add your electronic signature in the signature field.

e.g in Acrobat reader DC (Current Free Reader from Adobe: see below for link), click into the Patient Signature Field , then click the Sign tool , indicated by the blue arrow. Follow the instructions, to insert your electronic signature.

Print your name, date the form, save and then send as above.



Regards

Lyndsay Sherratt

Frequently used applications

For Windows: <https://get.adobe.com/uk/reader/>

For Android: <https://play.google.com/store/apps/details?id=com.adobe.fas>

For IOS: <https://apps.apple.com/us/app/adobe-fill-sign-form-filler/id950099951>